

MADRID EASL CLINICAL SCHOOL OF HEPATOLOGY

CLINICAL DILEMMAS IN CIRRHOSIS: AN APPROACH FROM THE EVIDENCE TO THE DECISION

A dedicated clinical school on the use of concepts and skills of evidence-based care to solve controversial real-life problems in the management of cirrhosis. The course will focus on those areas of cirrhosis management where agreement is far from being settled, including use of beta-blockers and anticoagulation, TIPS to prevent recurrence and re-compensation. The course will follow a model of small group workshops to guide students through critically appraisal techniques of the evidence and its translation into practice as recommendation. The study will rely on local expertise from hepatologists and methodology researchers from the liver units of tertiary hospitals from Madrid, Spain. During the 2-day course students will have the opportunity to learn about the background of clinical controversies in this area of clinical practice. Attendees will then undertake case-based group sessions, facilitated by the faculty to understand how published research can be used in practice to develop graded recommendation/statements of the addressed clinical problems. These sessions will then form the basis of a final plenary session presented by the delegates for shared discussion with the faculty.

Learning objectives

- To learn how to formulate an answerable structured clinical question on a controversial problem in clinical Hepatology
- To understand decision-making on the integration of the best scientific knowledge, the circumstances and preferences of the specific patient, and professional clinical experience.
- To gain knowledge to critically appraise the best available evidence for each clinical question and to translate evidence into practice as a graded recommendation
- To improve individual and group working skills and to promote the collaboration needed to reach consensus in controversial areas of Hepatology

Target audience

The target audience is hepatology and gastroenterology trainees with a special interest in clinical hepatology. The school will provide an update in the assessment and challenges of controversial areas of the clinical management of patients with cirrhosis and portal hypertension. Delegates would be expected to have experience in the management of patients with cirrhosis and knowledge of the fundamentals of the use of evidence-based medicine based in clinical-decision making. Scheduling the School 2 years after the 2021

Baveno consensus conference will allow the emergence of evidence supporting or challenging Baveno recommendations.

Top 3 reasons to attend.

- State of art update on cirrhosis management controversies
- Develop skills on evidence-based care to solve real-life problems in clinical Hepatology
- Networking with organizers and delegates to support ongoing practice in the management of cirrhosis.

SCIENTIFIC PROGRAM

COURSE ORGANIZERS

Agustín Albillos, MD, PhD

(Hospital Ramón y Cajal, Universidad de Alcalá, Madrid)

Rosa Martín-Mateos, MD, PhD

(Hospital Ramón y Cajal, Universidad de Alcalá, Madrid)

Javier Zamora, MD, PhD

(Hospital Ramón y Cajal, Universidad de Alcalá, Madrid)

Rafael Bañares, MD, PhD

(Hospital Gregorio Marañón, Universidad Complutense de Madrid, Madrid)

José Luis Calleja, MD, PhD

(Hospital Puerta de Hierro-Majadahonda, Universidad Autónoma de Madrid, Madrid)

INVITED FACULTY

Thomas Reiberger, MD, PhD

(Medical University of Vienna)

FACULTY HEPATOLOGY

Luis Téllez, MD, PhD

(Hospital Ramón y Cajal, Universidad de Alcalá, Madrid)

Enrique Rodríguez de Santiago, MD, PhD

(Hospital Ramón y Cajal, Universidad de Alcalá, Madrid)

OTHER FACULTY

Javier Zamora, MD, PhD (Course organizer)

(Hospital Ramón y Cajal, Madrid)

VENUE

Hospital Universitario Ramón y Cajal, Universidad de Alcalá, Madrid, Spain

PRELIMINARY PROGRAMME OVERVIEW

DAY 1 – 07 July 2023

08.30 - 09.00	Registration - Meeting point
09.00 - 09.30	Welcome and introduction to the school format*
09.30 – 10.05 h	Clinical dilemma: Is carvedilol indicated in all patients with clinically significant portal hypertension? Luis Téllez, MD, PhD Methodological lecture-Randomized controlled trials: Javier Zamora, MD, PhD
10.05 – 10.40 h	Clinical dilemma: Is long-term albumin administration the treatment of choice in patients with decompensated cirrhosis? Rosa Martín, MD, PhD Methodological lecture-Open-label controlled trials: Enrique Rodríguez, MD, PhD/Javier Zamora, MD, PhD
10.40 – 11.15 h	Clinical dilemma: Should beta-blockers be used in patients with refractory/recurrent ascites? Rafael Bañares, MD, PhD Methodological lecture-Comparative cohort studies: Javier Zamora
11.15 – 11.45 h	Coffee break
11.45 – 12.20 h	Clinical dilemma: Accuracy/predictive value of elastography to identify clinically significant portal hypertension through etiologies? José Luis Calleja, MD, PhD Methodological lecture-clinical predictive rules: Javier Zamora, MD, PhD
12.20 – 13.00 h	Clinical dilemma: Is anticoagulation indicated in patients with cirrhosis and occlusive portal vein thrombosis? Agustín Albillos, MD, PhD Methodological lecture-systematic review and meta-analysis: Javier Zamora, MD, PhD
13.00 – 13.30 h	Group designation and tutor assignment*
13.30 – 15.00 h	Lunch
15.00 - 17.30	Small group sessions: Answering clinical dilemma at the light of critical appraisal of evidence
17.30 - 18.00	Wrap-up of the groups

* Delegates will have been assigned to a specific topic and receive the related evidence to be appraised **before** School attendance.

DAY 2 - 08 July 2023

08.30 - 10.30	Plenary: Work discussed by each group in the presence of the full faculty for shared discussion: Groups 1 to 3
10.30 - 11.00	Coffee break
11.00 - 12.30	Plenary: Work discussed by each group in the presence of the full faculty for shared discussion: Groups 4 to 5
12.30 - 13.15	State of the art lecture on "Reaching consensus in cirrhosis and portal hypertension: evidence-based approach" by Prof. Thomas Reiberger, Vienna, Austria
13.15 - 13.45	Post-quiz, comments and student evaluation of the School
13.45 - 14.00	Prizes and concluding remarks